LDN PATIENT SYMPTOM SHEET

Fill out once per week or after each dosage increase

	Date											
Anxiety												
Depression												
Fatigue/Low Energy												
Memory												
Headaches												
Nausea												
Constipation/Loose Stool												
Heartburn/GI Discomfort												
Swelling												
Sleep												
Pain												
Neuropathy/Nerve Pain												
Aches												
Eczema/Psoriasis												
Rash												
Dry Skin/Hair												
Acne												
Brain Fog												
Irregular Periods												
Dizziness												
Inflammation												
PMS symptoms												
Weight Control												
Other Symptoms Not Listed:												
Dose of LDN												
Scale: 0 (none) -5 (severe)												

THE APOTHECARY
A COMPOUNDING PHARMACY

Name:_____