

RECOMMENDATIONS TO  
**SUPPORT ALLERGY CHALLENGES**

**Histamine levels—**



**R-Hist | D-Hist | D-Hist Jr.**

D-Hist and D-Hist Jr. (chewable for kids) by Ortho Molecular as well as R-Hist by Natural Creations are professional-grade supplements formulated to support nasal and sinus passageways for individuals who anticipate challenges that may surface with seasonal changes.

**Temporary relief—**



**Allergy HP**

- Temporarily relieves hay fever, coryza, itching and burning eyes, coughing and/or other symptoms associated with hay fever and allergies

**Contact Allergy Antigen**

- Temporarily relieves occasional skin irritation



**Mold Antigen**

- Temporarily relieves symptoms related to mold allergies

**Animal Antigen**

- Temporarily relieves symptoms associated with allergic responses to animals



**Weed & Grass Antigen**

- Temporarily relieves symptoms associated with allergic responses to weed and grass

**Tree Antigen**

- Temporarily relieves tree allergy symptoms



**Biting Insect Antigen**

Temporarily relieves shortness of breath, cough, itching, and/or other symptoms related to insect bites & stings



**Allergy Pollen**

- Temporarily relieves stuffiness, nasal discharge, watery eyes, and/or other symptoms related to allergies/hay fever



**Nasal Spray**

Temporarily relieves coryza, sneezing, dryness, &/or post nasal drip