

RECOMMENDATIONS TO
SUPPORT INFLAMMATION

General Inflammation Support



Omega-3



Vibrazyme
Complex



Curcumin

Additional Support



Quercetin



Boswellia
Extract

Complex Formula



Inflammation
Move

AVAILABLE AT THE APOTHECARY LOCATION



Omega-3 supports:

- Healthy cardiovascular function
- Healthy immune function
- Musculoskeletal support
- Skin vitality
- Cognitive support



Curcumin supports:

- Joint, tissue, liver, colon, and cellular health.



Vibrazyme Complex formulated to support:

- Fibrinolytic activity
- Supports the immune system
- Fights swelling and water retention in tissue
- Fights pain
- Breaks down proteins
- Facilitates the effects of antibiotics in the treatment of infections



im-bue botanicals™

CarpeDiem.

CBD

- May help support inflammation and provide relief for those who take CBD for pain conditions



Quercetin

- Has important antioxidant and anti-inflammatory properties
- May help reduce excessive oxidation and inflammation in the body
- May function as an antihistamine—histamines are responsible for the symptoms of allergic reactions.



Boswellia

- Also known as Indian Frankincense is a long used and highly valued Ayurvedic herb
- Helps support cartilage and joint function
- Supports relieve of occasional gastrointestinal upset
- May promote healthy inflammatory response by inhibiting pro-inflammatory enzymes

AVAILABLE ON THE APOTHECARY ONLINE DISPENSARY



Inflammation Move Complex

- A blend of botanical extracts and enzymes that work together
- Formulated to help support the body's natural inflammatory response and protect the tendons, ligaments and cartilage.

ESSENTIAL OILS BY YOUNG LIVING TO
SUPPORT INFLAMMATION



OREGANO

Oregano essential oil is one of the most powerful and versatile antioxidant essential oils. It may help stimulate the immune and digestive systems, strengthen the energy centers of the body, and enhance the flavor of food.*



THYME

Thyme essential oil contains the powerful antioxidant thymol that supports the immune system. It has a spicy flavor when added to your recipes.



PANAWAY

PanAway® essential oil blend is a combination of Clove, Helichrysum, Peppermint, and Wintergreen, and creates a cooling and soothing sensation when applied to fatigued muscles after physical activity.



COPAIBA

Copaiba essential oil promotes the appearance of a youthful, radiant glow; reduces the appearance of blemishes; and can be used to soothe tired muscles when applied topically. When taken internally, it supports overall wellness.



PEPPERMINT

Peppermint essential oil contains menthol for an invigorating aroma and a cooling sensation that soothes fatigued muscles. When taken internally, it promotes healthy bowel function, supports gastrointestinal system comfort, and adds a fresh, minty flavor to foods.*



DEEP RELIEF

Deep Relief™ Roll-On is one of Young Living's most popular blends. It features penetrating essentials oils, including Peppermint, Wintergreen, and Copaiba, and is your perfect companion to soothe fatigued muscles after physical activity.