



WELCOME TO THE APOTHECARY

The Apothecary is a patient-centered pharmacy practice providing personalized medicine and service that we hope positively benefits your life.

Our pharmacy, with its state-of-the-art laboratory, specializes in individually compounded prescriptions, that can be targeted to meet patients specific health and medical needs.

Your practitioner has prescribed a prescription for hormone supplementation using **Bio-identical Hormones; prepared using Progesterone, Estradiol, Estriol, and/or Testosterone in a specific strength, either singularly or in combination.**

Bio-identical is the term used to describe the hormones contained in your prescription. Whether in capsule, troche, cream, or suppository form, the hormone molecule is biochemically identical to that found in the human body.

We realize that every human being has a unique physical, mental, and emotional make-up; and **a one-size-fits-all approach doesn't work for everyone.** Our hormones have an effect on every cell in our body and can influence every system in our body; the proper levels and balance are extremely important.

The Apothecary's pharmacists will work together with your medical practitioner to customize your prescription strength and dosage form to provide the best possible outcomes. The dose can always be adjusted, as changes in our lives do occur and can affect our hormone levels. Our goal is to help you achieve your best possible health and hormone balance.

It is extremely important in the early months of therapy to follow up with our pharmacists regarding your dosing. This is the critical stage where your input is essential in helping us advise you to determine YOUR best hormone dosing level.

We encourage you to contact us at any time to discuss your therapy and for any questions or concerns that may arise. Your questions and well-being are important to us.

Rule of thumb: side effects typically occur as a result of an excess dose; lowering the dose would be indicated.

Some may respond fairly quick to some basic hormone supplementation, and others may require a little more time and patience. Our pharmacists and staff at The Apothecary are here to help guide and assist you throughout your journey.

Thank you for choosing The Apothecary. We look forward to working with you!



This medicine was compounded specifically for you in a pharmacy to fill the prescription your doctor wrote for you. It was specially made to meet your individual needs. For this reason, no standardized information or literature is available with your prescription. If you have not done so, please discuss this medicine with your doctor to ensure that you understand (1) why you have been prescribed a compounded medicine, (2) how to properly take this medicine, and (3) the interactions, if any, this medicine may have with any other medicines you are taking.

Compounding is a long-standing pharmacy practice that allows doctors to treat their patients' individual needs without being restricted only to off-the-shelf medicines or devices. This medicine was prepared in a compounding pharmacy to meet the specifications ordered by your doctor.

Call your doctor if:

- ◆ You experience any side effects.
- ◆ You are taking additional medicines that may interact with this compounded medicine.
- ◆ You have allergies or other medical conditions that should be noted.

Call our pharmacists at 888-252-0107 if:

- ◆ Information on the label is not clear to you.
- ◆ You have any concerns regarding precautions, ingredients, or proper storage.

Our pharmacists will be happy to help with any additional questions or concerns. If our pharmacists are unable to resolve your concern, the pharmacy manager shall be notified as soon as reasonably possible and an investigation shall be initiated within 72 hours after being made aware of an incident, accident, variance or unusual occurrence and you will be informed of the outcome by telephone or in writing. We appreciate your business!