



WELCOME TO THE APOTHECARY

The Apothecary is a Patient-centered pharmacy practice providing personalized medicine and service that we hope makes a positive difference in your life.

You may have noticed that our pharmacy, with its state of the art compounding laboratory, has a different appearance than other retail pharmacies. Our lab is necessary as we specialize in prescription compounding, which allows our pharmacists and staff to provide the customized medication required to meet your individual health and medical needs.

Your practitioner has prescribed a prescription for **Low Dose Naltrexone (LDN)**. LDN is a compounded medication that has shown benefits for a broad spectrum of health conditions: ranging from inflammatory, autoimmune, pain, and mental health issues; to dermatologic and gastro-intestinal disorders.

We realize that every human being and animal (veterinary) has a unique physical and mental make-up; and a **one-size-fits-all approach does not work for many people**. The most effective dose of LDN for any one person is very individualized, some respond better clinically at lower doses, some require a higher dose for more favorable outcomes.

The Apothecary's pharmacists, together with your medical practitioner, will evaluate your clinical progress while taking LDN, and make the proper adjustments until your ideal dose is reached. Typically, the dosing starts low and is tapered upward until you experience the most favorable response. That becomes your dose. In the future, further dosage adjustments may be necessary as your clinical picture is changing (improving).

Our goal is to take the time to get to know you and your condition and be an integral part of your path to better health. It is extremely important in the early months of therapy to follow up with our pharmacists regarding your dosing. We will be gathering your symptom picture to share with your practitioner to help them assess your clinical progress. It is this critical stage where your input is essential in helping us determine your most beneficial LDN dose needed for successful healing. Routinely filling out the symptomology spread sheet provided, rating your symptoms on a scale of 0 to 5, is the best tool we have to track your progress.

Some may respond favorably, in some degree, to LDN within weeks, and others will require a little more time and patience, possibly 4-6 months. Our pharmacists and staff at The Apothecary are here to guide and assist you throughout your LDN health journey

We encourage you to contact us at any time to discuss your LDN therapy and for any questions or concerns that may arise. Your over-all health and well being are important to us, please do not hesitate to do this. Thank you for putting your trust in us. We look forward to working with you



This medicine was compounded specifically for you in a pharmacy to fill the prescription your doctor wrote for you. It was specially made to meet your individual needs. For this reason, no standardized information or literature is available with your prescription. If you have not done so, please discuss this medicine with your doctor to ensure that you understand (1) why you have been prescribed a compounded medicine, (2) how to properly take this medicine, and (3) the interactions, if any, this medicine may have with any other medicines you are taking.

Compounding is a long-standing pharmacy practice that allows doctors to treat their patients' individual needs without being restricted only to off-the-shelf medicines or devices. This medicine was prepared in a compounding pharmacy to meet the specifications ordered by your doctor.

Call your doctor if:

- ◆ You experience any side effects.
- ◆ You are taking additional medicines that may interact with this compounded medicine.
- ◆ You have allergies or other medical conditions that should be noted.

Call our pharmacists at 888-252-0107 if:

- ◆ Information on the label is not clear to you.
- ◆ You have any concerns regarding precautions, ingredients, or proper storage.

Our pharmacists will be happy to help with any additional questions or concerns. If our pharmacists are unable to resolve your concern, the pharmacy manager shall be notified as soon as reasonably possible and an investigation shall be initiated within 72 hours after being made aware of an incident, accident, variance or unusual occurrence and you will be informed of the outcome by telephone or in writing. We appreciate your business!